



The Terrace Café Weekly Menu
April 20-24, 2026




	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Specials					
<p>*All menu items are subject to change based upon availability. The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.</p>					
<p>Express Breakfast</p> 	<p>Served Monday to Friday, from 7:00 to 11:00 a.m. See in-store for hot breakfast items prepared daily.</p>				
<p>Around The World <i>Weekly cuisine features from around the world — Mexican, Chinese and more</i></p> 	<p>Indian-Inspired Dishes</p> <p>Served with rice pilau and chickpea masala (Tue/Thur) or Dal Makhani (Mon/Wed/Fri), your choice of:</p> <ul style="list-style-type: none"> • Tandoori Chicken (served Tuesday & Thursday) • Curried Beef • Vegetable Korma • Coconut Curried Chicken (served Monday, Wednesday & Friday) <p>Add a vegetable samosa with tangy curry sauce!</p>				

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Daily Specials					
<p>Chef's Corner <i>Home-cooked meals such as salmon, roasted chicken, lasagna and pasta dishes served fresh daily.</i></p> 	<p>Spiced Yogurt Chicken Tikka served with brown rice and roasted root vegetables</p> <p>Penne with Chickpeas, Spinach & Roasted Peppers served with garlic bread or salad</p> <p>Baked Tilapia served with rice and roasted root vegetables or salad</p>	<p>Thinly Sliced Roast Turkey on a Bun with tomato, bacon, mozzarella cheese and cranberry butter. Served with gravy and coleslaw</p> <p>Baked Haddock served with rice and mixed vegetables</p> <p>Mediterranean Tomato & Ricotta Pasta served with garlic bread or salad</p>	<p>Greek Beef Wrap with roasted garlic feta sauce. Served with Greek style potatoes or Greek salad</p> <p>Roasted Vegetable Pasta Casserole served with garlic bread or salad</p> <p>Baked Haddock served with rice and vegetables or salad</p>	<p>Chicken Parmesan on a Bun served with coleslaw</p> <p>Penne with Broccoli & Tomatoes served with garlic bread or salad</p> <p>Baked Haddock served with rice and mixed vegetables or coleslaw</p>	<p>Chili & Pomegranate Marinated Steak served with herbed roasted potato wedges and carrots</p> <p>Garden Fresh Fettucine served with garlic bread or salad</p> <p>Homemade English Style Beer Battered Fish served with potato wedges and creamy coleslaw</p>

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<p>Soup Kettle</p> 	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>
<p>The Grill</p> <p><i>Full breakfast bar, grilled paninis, hamburgers, fries, chicken fingers and more</i></p> 	<p>See in-store for menu specials.</p>				

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Daily Specials					
<p>Sandwich Stop <i>Fresh made-to-order sandwich selections.</i></p>  <p>See in-store for daily Gourmet Sandwich specials.</p>	Reuben Sandwich Egg Salad, Guacamole & Tomato Grilled Chicken Breast Daily Gourmet Sandwich Special	Smashed Chickpea & Avocado Tomato, Basil & Goat Cheese Daily Gourmet Sandwich Special	Meatballs Sandwich Brie & Roasted Pepper Daily Gourmet Sandwich Special	Cobb Salad Vegetarian Wrap Daily Gourmet Sandwich Special	Vietnamese Chicken Sandwich Vegetarian Wrap Daily Gourmet Sandwich Special
	Daily Signature Sandwiches				
	Roast Beef, Black Forest Ham, Turkey, Pastrami, Tuna, Egg, Roasted Vegetables, Gourmet Grilled Cheese				
<p>Salad Bowl <i>A variety of fresh salads.</i></p> 	See in-store for menu specials.				

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Terrace Café

The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.

Location: Main Floor, Atrium

Hours: Monday to Friday – 7 a.m. to 7 p.m.
Saturday, Sunday and Holidays – 9 a.m. to 4 p.m.

Phone: 416-813-6754

Food stations

From our chefs, the Terrace Café offers a full range of meals including:

- **The Grill: Full breakfast bar (served between 7 and 11 a.m. daily)**, grilled paninis, hamburgers, fries, chicken fingers and more.
- **The Chef's Corner (Weekdays, 11 a.m. to 7 p.m.; Weekends and Holidays, 11:30 a.m. to 4 p.m.)**: Home-cooked meals such as salmon, roasted chicken, lasagna and other pasta dishes served fresh daily
- **Around The World (Weekdays, 11:30 a.m. to 3 p.m.)**: Weekly cuisine features from around the world, like Mexican, Indian, Chinese and more!
- **Salad Bowl**: Salad bar featuring pre-packaged signature salads and protein boxes
- **Sandwich Spot**: Fresh made-to-order sandwich selections
- **Made in Japan Teriyaki Experience**
- **Terrace Pizza**: Selection of pre-packaged pizza, made in-house daily
- **Soup Kettle**: A variety of fresh soups, which change daily
- Plus, a selection of **baked goods and desserts**

Kids Eat Local! The Terrace Café at SickKids uses [locally sourced ingredients](#) whenever possible.