

ADVANCING EATING DISORDER CARE IN CANADA: Key Actions from the COVID-19 Costing Study

On May 2, 2024, a consortium of 40+ partners convened to strategize about next steps from the findings from the Deloitte economic report. **Consensus for the urgent need for a national data and monitoring strategy for eating disorders** was articulated from the meeting.



Who was at the table?



Representatives from 9 provinces and all national eating disorder organizations

- Researchers
- Clinicians
- Individuals with lived experience
- Policymakers
- Government representatives

Partners identified 4 key priority areas:

1



Expand the pan-Canadian consortium to develop a strategy for diverse needs.

2



Adapt established national and international data strategies for Canada.

3



Integrate questions into existing population-based surveys in Canada.

4



Embed eating disorder metrics into existing health data capture systems.

WE ARE READY to co-create a coordinated national data and monitoring strategy to advance care for eating disorders in Canada.

References:

1. Deloitte Access Economics (2023). The impact of COVID-19 on eating disorders among Canadian youths Children's Hospital of Eastern Ontario Research Institute. <https://www.deloitte.com/au/en/services/economics/analysis/impact-covid19-eating-disorders-among-canadian-youths.html>
2. Obeid, N., Silva-Roy, P., Booij, L., Coelho, J. S., Dimitropoulos, G., & Katzman, D. K. (2024). The financial and social impacts of the COVID-19 pandemic on youth with eating disorders, their families, clinicians and the mental health system: a mixed methods cost analysis. Journal of Eating Disorders, 12(1), 43. <https://doi.org/10.1186/s40337-024-00986-1>
3. Obeid, N., Coelho, J. S., Booij, L., Dimitropoulos, G., Silva-Roy, P., Bartram, M., ... & Katzman, D. K. (2024). Estimating additional health and social costs in eating disorder care for young people during the COVID-19 pandemic: implications for surveillance and system transformation. Journal of Eating Disorders, 12(1), 52. <https://doi.org/10.1186/s40337-024-01003-1>

References:

1. [Eating disorders cost \\$39.5M during first two years of pandemic, but researchers say it's the 'tip of the iceberg'](#)
2. [CTV National News: Eating disorder cases in Canada \(ctvnews.ca\)](#)

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