Extended Health Care
Dental Care
Life Insurance
Optional Critical Illness
Disability Insurance
Benefits Information

**for Executives** 

**SickKids** 

### **SICKKIDS BENEFITS PLAN**

This brochure provides a brief description of the benefits plan offered by The Hospital for Sick Children. More detailed information can be found on the websites listed within this brochure.

**Note:** Neither the brochure nor the website pages listed contain reference to every provision of the contracts issued. Please remember that rights and obligations are determined in accordance with the contracts and not this brochure nor the website pages. If there is a discrepancy between the information in this brochure, the website pages and the contracts, the applicable contract will prevail. The hospital reserves the right to make changes to the benefits program.

Please see the back of this brochure for important contact information and websites.

Who is eligible to join?	<ul> <li>Active permanent full-time (0.8 to 1.0 FTE) employees.</li> <li>Active permanent part-time employees or fixed-term contract (greater than one year) employees working 50 per cent or more of the normal hours worked by a regular full-time employee in the same job classification.</li> </ul>				
Am I eligible for all benefits offered?	You may not be entitled to all of Please contact your manager for	the benefits offered, depending on or further details.	your employment classification.		
When does my coverage start?		olment form is not received within 3 n default coverage (single health & c			
Am I able to opt out or waive my coverage?	· Eligible employees can opt out/		oility coverage. e only if covered under another plan. Ith and dental coverage and listing you		
Am I able to make changes?	_	verage depending on whether or not (note: a Group Enrolment/Change	you experience one of the following Form must be completed):		
	· Divorce · Att		ption of a child s of comparable coverage		
I have had a life event within the	You can make the following changes provided Human Resources receives acceptable proof of the life event within 31 days of the life event:				
last 31 days	Benefit	Change	Example		
	Health and/or Dental	Change coverage	Single to Family, waive or re-enrol		
I have <u>not</u> had a life event within the last 31 days	You can enrol or increase Optional Any of the following changes are	•	31 days of becoming eligible arrier, based on medical evidence of		
OR	Benefit	Change	Example		
Life events do	Health & Dental OR Health only	Change coverage	Single to Family, re-enrol		
not apply to the change I wish	Optional Spousal Life	Enrol or increase coverage	Between \$10,000 and \$200,000 of coverage		
to make	Optional Child Life	Enrol (late applicant) or increase coverage	Between \$1,000 and \$10,000 of coverage		
	Optional Critical Illness	Enrol (late applicant) or increase coverage	Single to Family, Opt A to Opt B		
	your Health or Dental coverage, m		rance plan following a change to formation with any providers and use a claim is reimbursed, verify that the		

payment was made under the correct policy.

Is my family covered?  If my spouse has other coverage, what can I do?	If you choose family coverage for health and/or dental your dependents are eligible for coverage.  A dependent is defined as the following:  Spouse · Legally married     · Common law partner (same or opposite sex)-12 months living together  Child · Each unmarried, natural or adopted child, step-child, foster child, or child of your spouse under age 22     · Student: Each "child" between ages 22 and 25 still attending school. Proof of full-time student status is required within 31 days of the child turning 22 to maintain coverage.  · Disabled: If a dependent child becomes disabled before the limiting age, their coverage may continue after the limiting age. Sun Life must be notified within 31 days of the date the child attains the limiting age.  · Opt out/waive health and/or dental coverage. Please refer to the question "Am I able to opt out or waive my coverage?"  · Coordinate your benefits to be covered under both plans and submit claims as follows:							
	Claim is for				SickKids Plan	Spou	ıse's Plan	
	Myself				1 <sup>st</sup>		2 <sup>nd</sup>	
	Spouse				2 <sup>nd</sup>		1 <sup>st</sup>	
	Child-if your birthday is later than your spous	e's			2 <sup>nd</sup>		1 <sup>st</sup>	
	Child-if your birthday is <u>earlier</u> than your spo	use's			1 <sup>st</sup>		2 <sup>nd</sup>	
How do I submit claims?		Dental	Drugs	Orthotics Other Health		Disability	Life	
	Paper claim	1	1	√,	* /	1	1	
	Electronically	<b>√</b> *	<b>√</b> *		<b>/</b> *			
Where can I get claim forms?	*Dental: Electronically from dentist office  *Drugs: Electronically only when using pay direct drug card  *Orthotics/Orthopaedic Shoes: Payment can be made directly to the SickKids Centre for Orthotics when purchased from the Centre  *Other health: Electronically from service providers registered with Telus Health E-claims, ask your physiotherapists, chiropractors, optometrists or opticians if this service is available.  Health and/or dental claim forms can be obtained from the following:  · Internet (register on-line to access pre-filled claim forms):							
	https://www.sunnet.sunlife.com/member/signin/index.aspx  · SickKids intranet (follow links):  my.sickkids.ca/staff-support-resources/hr/employee/benefits-plans/Pages/default.aspx							
Who do I contact if	Type of Question				Sun Life		HR	
I have questions?	Coverage details				✓			
	Claims	1						
	Changes to coverage ✓							
Are there time limits to submit claims?	Yes, the time limits to submit claims are as follows:  Health and/or dental  No later than 365 days from the date the expense is incurred, or 90 days if coverage is terminated  Long-term disability  90 days following the end of the elimination period or within 30 days from coverage termination							

- · All items below are covered at 100% (except for drugs) and may be subject to plan maximums or reasonable/customary reimbursement limits.
- · You may "waive" extended health care coverage with proof of other coverage.
- To verify whether your service provider or medical supplier is covered and to review the reasonable/customary reimbursement limits, log in to <a href="mailto:mysunlife.ca">mysunlife.ca</a>. View the most recent "Delisted providers list" prior to your appointment or purchase.

Category	Details
<b>Drugs</b> By law are only available with a prescription	<ul> <li>Covered at 90% for the first \$1,000 of eligible expenses per family, per benefit year and 100% thereafter.</li> <li>Dispensing fee is covered only when the drugs are dispensed through the SickKids Shoppers Drug Mart pharmacy. If drugs are dispensed at any other pharmacy, the dispensing fee is not covered.</li> </ul>
Must be prescribed by a doctor or dentist  Prior authorization required for certain drugs	<b>Prior Authorization (PA):</b> Some, but not all, drugs used to treat specific conditions (such as cancer, heart disease, rare diseases, others) and biologics need to be pre-approved by the insurance carrier in order to be covered. The complete list of the drugs requiring PA and PA forms are available at <b>mysunlife.ca/priorauthorization</b>
Also included are: - Intrauterine - devices (IUDs) - Diabetic supplies - Colostomy supplies	Under the plan, certain limitations and exclusions apply. Lifetime maximums apply to others: smoking cessation \$500, pharmacogenomic \$500. Gender affirmation has a \$10,000 annual limit with a \$50,000 lifetime limit. Charges in excess of the lowest priced equivalent generic product are not covered unless the doctor specifies in writing that no substitution for the prescribed drug may be made. Treatments for weight loss are not covered. Please refer to the SickKids intranet for further details.
Family Building	Surrogacy and fertility treatments: \$15,000 lifetime maximum per family.  Adoption expenses: \$15,000 lifetime maximum per family.
Hospital	Covered at 100% for the following:
	· Semi-private room accommodation and out-patient services in a licensed hospital.
	· Convalescent hospital to a maximum of \$20 per day for up to 120 days if ordered by a doctor.
Medical Services and Equipment	<b>Orthotic inserts</b> for shoes or <b>orthopaedic shoes</b> , which are custom-made and prescribed by a doctor, podiatrist or chiropodist. To dispense custom orthotics, the provider must employ a podiatrist, chiropodist, pedorthist, orthotist or chiropractor on site. Coverage up to 1 pair per each plan year.
	Detailed information about additional medical services and equipment such as ambulance transportation, accidental dental, hearing aids, medically necessary equipment, etc. can be found on the websites.
	Eligibility of certain supplies may be subject to additional administrative requirements by the insurance carrier (example: the doctor's referral for compression stockings must include the medical diagnosis).
Out-of-Country/Travel Assistance	Emergency services during the first 60 days of travel are covered to a maximum of \$1,000,000 per lifetime for each person.
	Referral expenses are covered up to \$100,000 per lifetime for each person.
Paramedical Services	Eligible for coverage up to \$500 per practitioner, per person, per benefit year:  · Chiropractor  · Dietician  · Osteopath
	· Naturopath · Occupational Therapist · Acupuncture
	· Chiropodist & Podiatrist (combined)
	The following are covered up to, per person, per benefit year:
	Psychologist & Psychotherapist & Social Worked (combined)
	• Speech Therapist
	• Massage Therapy
Private Duty Nursing	\$25,000 per lifetime for each person when medically necessary.
Vision Care	The costs of contact lenses, eyeglasses or laser eye correction surgery.
Note: Prescription by ophthalmologist or optometrist is required.	\$450 plus one eye exam per person every two years.
When coverage ends	Coverage will end on the date your employment ends, or you retire, or age 70, whichever occurs first

#### Premiums (including 8% provincial sales tax)

These are shared by the employee and The Hospital for Sick Children

The monthly rates as of April 1, 2024 are as follows:

	Single	Family
Employee	\$ 63.26	\$ 125.98
Hospital	\$ 189.78	\$ 377.90
Total	\$ 253.04	\$ 503.88

**Note:** All deductions provided throughout the brochure are monthly costs. Benefit deductions are only taken from the first two pays in each month. To determine your deduction per pay, divide the monthly premium by two.

- There is no deductible for this coverage.
- If the cost of treatment will exceed \$500, you should submit a completed dental claim form that shows the treatment the dentist is planning and the cost to Sun Life Financial <u>before</u> the date treatment starts.
- To verify whether your service provider or medical supplier is covered, log in to <a href="mailto:mysunlife.ca">mysunlife.ca</a> to view the most recent "Delisted providers list" prior to your appointment or purchase.
- · You may "waive" dental coverage with proof of other coverage.

Category	Details					
Reimbursement	Reimbursement is based on:					
	• The Dental Association Fee Guide for General Practitioners in the province where the employee lives and the current fee guide at the time treatment is received					
	· The reasonable cost of the least expensive alternate procedure					
	· Extra fees for specialists are <u>not covered</u>					
Recall Frequency	Covered up to once every five months					
Preventative Services	Covered for 100% for:					
	· examinations · X-rays · polishing · additional services					
Basic Services	Covered for 100% for:					
	· fillings · extractions					
	· endodontic (root canals) · periodontic (gum disease)					
	· oral surgery · related services					
Major Services	Covered at 50% for:					
	· crowns · denture construction and insertion · inlays and onlays					
	· bridges · denture repair, relining, rebasing					
	<b>Note:</b> Charges for a replacement bridge or replacement standard denture are covered, provided the existing appliance is at least three years old.					
Benefit Year Maximum	\$2,500 per person, per benefit year for preventative services, basic services and major services combined.					
Orthodontics	Covered at 50%, up to \$2,500 per person, lifetime.					
When coverage ends	Coverage will end on the date your employment ends, or you retire, or age 70, whichever occurs first.					

#### Premiums (including 8% provincial sales tax)

These are shared by the employee and The Hospital for Sick Children The monthly rates as of April 1, 2024 are as follows:

	Single	Family
Employee	\$ 18.56	\$ 49.66
Hospital	\$ 55.66	\$ 148.96
Total	\$ 74.22	\$ 198.62

**Note:** All deductions provided throughout the brochure are monthly costs. Benefit deductions are only taken from the first two pays in each month. To determine your deduction per pay, divide the monthly premium by two.

# HEALTH SPENDING ACCOUNT (Policy No. 45197, Insurance Carrier: Sun Life)

- \$4,500 per benefit year (April 1 March 31). Any unused amount will be lost and not carried over to another benefit year.
- · Coverage includes items provided they qualify as tax deductible medical expenses under the Income Tax Act (Canada) and are not payable under any other private or governmental plan.
- Eligible expenses incurred by a dependent are included in the total amount. A dependent is any person for whom you may claim a medical expense tax credit on your federal tax return in the taxation year. For example, this could include members of your extended family, such as your parents, grandparents or grandchildren.
- Claims must be received by Sun Life no later than 90 days after the end of the benefit year during which the expenses were incurred.
- · Coverage will end on the date your employment ends, or you retire, or age 70, whichever occurs first.

· Premiums (including taxes) are paid 100% by SickKids. This premium cost represents a taxable benefit to you.

Category	Details
Coverage Amount	· \$1,000,000
	· If you continue working beyond age 65, this coverage will reduce to \$250,000
Conversion Option	· The maximum amount you may convert is \$200,000
	· Conversion must be done within 31 days of your termination date
	<ul> <li>The premium required for the new policy will be based on your age and class of risk at the time of conversion</li> </ul>
	· The conversion option is not available after the age of 65
When coverage ends	Coverage will end on the date your employment ends, or you retire, or age 70, whichever occurs first

- · You may select additional insurance as indicated below (participation is optional).
- · Premiums (including taxes) are paid 100% by the employee.
- · Optional Accidental Death & Dismemberment (AD&D) is insured by Chubb (policy number: OE 10161501)

Category	Details						
Optional Spousal Life	· Your spous \$10,000	e can be insur	ed for amounts b	petween \$10,00	00 and \$200,000	D. Coverage is available in units of	
	· Coverage will end on the date your employment ends, or you retire, or you reach age 65, or your spouse reaches age 65, whichever occurs first						
	Coverage is subject to medical evidence and approval from the insurance carrier     Rates are based on age, gender and smoking status						
	· Rates are	per \$1,000 of	coverage				
		Ma	ale	Fen	nale		
	Age-Band	Smoker	Non-Smoker	Smoker	Non-Smoker		
	<25	0.0940	0.0475	0.0356	0.0184		
	25-29	0.0788	0.0400	0.0432	0.0216	Example:	
	30-34	0.0767	0.0389	0.0518	0.0259	Employee wants to purchase	
	35-39	0.1015	0.0518	0.0767	0.0389	\$100,000 Optional Spousal	
	40-44	0.1544	0.0767	0.1264	0.0637	Life Insurance for her	
	45-49	0.2754	0.1382	0.1868	0.0940	husband who smokes	
	50-54	0.4946	0.2495	0.3272	0.1652	and is 45 years old.	
	55-59	0.8165	0.4115	0.5324	0.2689	= \$100,000 x 0.2754 /1,000	
	60-64	1.1362	0.5724	0.6750	0.3402	= \$27.54	
Optional Child Life Note: For late applicants,	<ul> <li>Your children can be insured for amounts between \$1,000 and \$10,000. Coverage is available in units of \$1,000</li> </ul>						
coverage is subject to medical evidence and approval from the insurance carrier.	<ul> <li>Coverage will end on the date your employment ends, or you retire, or reach age 65 or the date your child no longer qualifies as an eligible dependent, whichever occurs first.</li> </ul>						
the moditance dumen.	· Rate = \$0	.2376 per \$1,0	000 of coverage	for all children i	n the family		
			ts to purchase \$ 376 / 1,000 = \$		al Child Life Insu	rance for his children.	
Optional AD&D Employee Only	· You can be of \$10,000		nounts between	\$10,000 and \$	250,000. Covera	ge is available in units	
,	· Coverage v	vill end on the c	late your employi	ment ends, or yo	u retire, or reach	age 70, whichever occurs first	
	_	.019 per \$1,00					
Optional AD&D Family Plan	· You can be of \$10,000		nounts between	\$10,000 and \$	250,000. Covera	ge is available in units	
	•		children will be i	•	centage of the a	mount of your coverage,	
	· Coverage w	vill end on the c	late your employ:	ment ends, or yo	u retire, or reach	age 70, whichever occurs first	
	_	.035 per \$1,00					
		, , , , , , , ,					

- · You may select additional insurance as indicated below (participation is optional).
- · Benefit is payable after an elimination period of 30 days as long as the covered person is still living or as specified in each covered condition
- · If a benefit payment was already received under a previous carrier, that Critical Illness condition is excluded from coverage.

Category	Details					
Coverage		Option A	Option B			
Note: Coverage for Options A & B	Single Coverage	\$50,000 (employee only)	\$100,000 (employee only)			
are subject to medical evidence and approval from the insurance	Family Coverage	\$50,000 (employee)	\$100,000 (employee)			
carrier if requested later than 31		\$10,000 (spouse)	\$20,000 (spouse)			
lays following your hire/transfer or life event as listed on page 2.		\$5,000 (child)	\$10,000 (child)			
overed Conditions	Aplastic Anemia	Dementia, including Alzheimer's	Major Organ Transplant			
ote: Additional information	Aorta Surgery Heart Attack		Motor Neuron Disease			
egarding access to "best	Bacterial Meningitis	Heart Valve Replacement or Repair	Multiple Sclerosis			
octors", covered conditions r children, and moratorium	Benign Brain Tumor	Kidney Failure	Occupational HIV infection			
me frames can be found in	Blindness	Loss of Limbs	Paralysis			
e supplemental details on	Life Threatening Cancer	Loss of Speech	Parkinson's Disease			
ie intranet	Coma	Loss of Independent Existence	Severe Burns			
	Coronary Artery Bypass Surgery	Major Organ Failure on Waiting List	Stroke (Cerebrovascular Accident)			
	Deafness					
Note: No payments are made on a pre-existing condition unless the illness occurs after the wenty-four (24) month period	<ul> <li>effective date of coverage, and the first 12 months after the effective date of coverage (24 months in total), the Participant has:</li> <li>had a medical consultation;</li> <li>been prescribed or taken medication; or</li> </ul>					
	<ul> <li>received treatment, including diagnostic measures for any symptom or medical problem that leads to a diagnosis of or treatment for a Covered Condition</li> </ul>					
Coverage Ends	An insured Employee's coverage w	ill cease on the earliest of:				
	· The date employment ends, employee retires or age 65, or					
	Payment of the first eligible covered condition on behalf of the insured employee					
	Coverage on each insured depend	ent will cease on the earliest of the	e following dates:			
	· The date the insured employee c	eases to be insured under this poli	су,			
	· The date the Dependent ceases					
	• The date the Dependent attains age 65,					
	· The end of the month in which th					
	Payment of the first eligible covered condition on behalf of the insured dependent					

Rates
Premiums (including taxes) are
paid 100% by the employee.

Rates are based on age and gender of the employee as outlined in the following charts:

	Option A (\$50,000 coverage)					
	Sin	gle	Fan	nily		
Age Band	Male	Female	Male	Female		
0 to 24	6.48	6.48	10.26	10.26		
25 to 29	6.48	6.48	10.26	10.26		
30 to 34	10.26	11.88	15.12	16.20		
35 to 39	12.96	16.20	18.36	20.52		
40 to 44	21.06	25.92	28.62	32.94		
45 to 49	39.42	37.80	49.14	48.06		
50 to 54	68.58	54.54	82.62	71.28		
55 to 59	107.46	69.66	123.66	94.50		
60 to 64	172.26	92.88	193.32	130.68		

Option B (\$100,000 coverage)				
Single		Family		
Male	Female	Male	Female	
12.96	12.96	20.52	20.52	
12.96	12.96	20.52	20.52	
20.52	23.76	30.24	32.40	
25.92	32.40	36.72	41.04	
42.12	51.84	57.24	65.88	
78.84	75.60	98.28	96.12	
137.16	109.08	165.24	142.56	
214.92	139.32	247.32	189.00	
344.52	185.76	386.64	261.36	

Example: Employee is a single male, 30 years old, and chooses Option A His monthly single benefit premium deductions would be \$10.26.

### **DISABILITY INSURANCE**

SickKids provides financial assistance during periods of shorter and longer leaves of absence, due to illness or injury, through a variety of insurance programs.

#### **Short Term Disability**

During the first 26 weeks of disability, absences are paid at 100% salary continuance.

## Long Term Disability (Policy Number: 101982, Insurance Carrier: Sun Life)

• Premiums (including taxes) are paid 100% by The Hospital for Sick Children. All income you may receive as part of a disability claim will be taxable income.

Benefit Provision	Details		
Monthly benefit	75% of monthly earnings up to a maximum of \$25,000		
Benefit payments	· Commence after 26 weeks of total disability and are subject to approval by the insurance carrier.		
	· Adjusted to reflect CPI increases if required.		
	· Continue to the earlier of recovery, age 65, retirement or death.		
Definition of "Total Disability"	· Because of bodily injury or sickness, an employee will be considered totally disabled while they are continuously unable to perform the essential duties of his or her own occupation.		
	· In addition, you must not be engaged in any occupation or employment for wage or profit except as part of a rehabilitation program.		
Income from Other Sources	<ul> <li>Direct offsets include any disability payments from C/QPP (employee benefits only) and the Workers Compensation Act or similar legislation.</li> </ul>		
	<ul> <li>Your monthly benefit together with income from all other sources cannot exceed 85% of your pre-disability earnings.</li> </ul>		
Pre-disability earnings	· Regular salary prior to the disability date including bonuses but excluding overtime.		
	<ul> <li>Bonus earnings are calculated on an average over a 2 year period as indicated on your T4.</li> <li>For employees with less than 2 years of service, earnings will be based on regular salary plus the target bonus amount.</li> </ul>		
Other provisions	• On each January 1, the monthly benefit will be increased by a cost of living adjustment (COLA) equal to the lesser of 4% or the increase in the Consumer Price Index for the 12-month period ending 3 months before the increase.		
When coverage ends	Coverage will end on the date your employment ends, or you retire, or age 65 less the elimination period of 26 weeks, whichever occurs first.		

**Please note:** If there is a discrepancy between the information in this brochure and the contract, the information found in the contract will apply.

# **Contact Information**

	Sun Life	SickKids Human Resources Department
Website	www.sunnet.sunlife.com/signin/mysunlife/home.wca	<u>Human Resources - Home (sharepoint.com)</u>
	Additional functionality available online includes:	Additional program Information available online includes:
	· Sign up for direct deposit	· Supplemental brochure details for:
	· Submit drug, dental, paramedical and vision care claims	- Health & Dental
	online	- Life insurance including beneficiary designation,
	· View a claim statement or claims history	contingent beneficiaries and conversion
	· Look up when you are eligible for your next paid	- Optional AD&D
	of eyeglasses or dental recall exam	- Optional Critical Illness
	· Print personalized claim forms	· Travel benefit (emergency medical coverage) brochure
	· See full details of your medical and dental coverage	
Phone	1 800 361 6212	416 813 6680
Address	PO Box 4023, Stn A	pension.benefits@sickkids.ca
	Toronto, ON M5W 2P7	

